

# the NORDIC SPA

## SIP

**SLOW-COOKED CHICKEN BONE BROTH (GF) 12**  
savoury, nutrient-rich, aromatic mug of hot chicken bone broth

**VINE-RIPENED TOMATO SOUP (V) 16**  
a mug of tomato soup, parmesan, grilled focaccia bread

## SNACK

**CHICKPEA HUMMUS (V/VE) 17**  
lemon, herbs, paprika, olive oil, grilled artisanal bread

**MANGO & AVOCADO ROLL (VE/GF) 18**  
chives, toasted sesame, wasabi mayo

**CHEESE & CHARCUTERIE PLATE (P/N) 34**  
artisanal cheeses, fine cured meats, marinated olives, spiced nuts,  
fruit preserves, mustard, grilled bread & crostinis

## SAVOUR

**QUINOA & KALE SALAD (N) 19**  
cucumber, baby spinach, mint, basil, dried cranberries, almond crema,  
sliced almonds, avocado

**TOASTED AVOCADO & ARUGULA SANDWICH (V/VE\*) 25**  
avocado, baby arugula, tomato, pesto aioli, toasted ciabatta  
*served with a mug of tomato soup or potato crisps*

**WARM TRUFFLE GRILLED CHEESE (V) 25**  
cheddar & gruyère, truffle tapenade, toasted sourdough  
*served with a mug of tomato soup or potato crisps*

**SAVOURY CHANA MASALA (VE) 29**  
aromatic indian spices, chickpea, onion, tomato, ginger garlic,  
cilantro, steamed rice

**THAI CHICKEN COCONUT CURRY (GF) 31**  
carrot, bell pepper, cilantro, lime, coconut yellow curry, steamed rice

## SWEET

**PEAR & CRANBERRY CRUMBLE (V/GF) 14**  
spiced pear & cranberry compote, cinnamon crumble,  
vanilla chantilly cream

**proudly serving locally sourced artisan ingredients  
and sustainably certified seafood.**

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## WARM SERVES

### CANADIAN COFFEE 22

canadian whisky, maple, hot coffee, cold cream float, cinnamon

### HOT TODDY 22

brandy, honey, ginger, lemon, hot water, cinnamon

## MOOD BOOSTERS

### ESPRESSO MARTINI 22

vodka, vanilla, espresso, kahlúa

### POINSETTIA 22

cointreau, cranberry, prosecco, rosemary

## WINE NOT

	GLASS	BOTTLE
MOËT & CHANDON, BRUT IMPERIAL epernay, champagne, france, nv	45	190
VEUVE CLICQUOT, ROSÉ brut, reims, champagne, france, nv	65	299
CULMINA, R&D, SAUVIGNON BLANC/SEMILLON okanagan valley, bc, canada, 2021	20	90
LOUIS JADOT, CHARDONNAY, CHABLIS burgundy, france, 2021	25	115
ROCHE, VIG, PINOT NOIR naramata, bc, canada, 2020	25	115
TENUTA GUADO AL TASSO, CABERNET/MERLOT il bruciato, tuscany, italy	26	95

CORONA 12

NONNY PILSNER N/A 10

LOS FLAMINGOS 10  
margarita or mojito

NUDE VODKA SODA 10