



NOURISHED BY NATURE

Resting at the ocean's edge, with majestic snow-capped mountains rising to the north, Vancouver embodies contemporary Canada. This cosmopolitan West Coast city is home to many diverse cultures and traditions, all of which enhance its casual urban flavour, while nature's beauty, from towering pines to bracing sea breezes, is always waiting at your doorstep.

Rejuvenate and replenish the spirit at the world-class Fairmont Spa, rated Five-Star by Forbes Travel Guide and one of the 'Best Spas in the World' by Condé Nast Traveler readers. It is our own little haven.

A holistic self-care escape, tailored specifically to each guest's lifestyle, this serene oasis is a welcome retreat where countless hours can be spent in the sauna, massage chair or indulging in a facial treatment.

Included in this city escape are: nine treatment rooms, including a couples suite with a Japanese-style deep-seated soaker tub, steam rooms, a fitness centre and a movement studio, two private lounges with fireplaces and a private lounge reserved for men that features a club-like décor and wall mounted television.

French doors open to a private outdoor landscaped terrace with jacuzzi, dry cedar sauna, loungers and fire pits.

OUR PRODUCTS

Each brand selected demands quality and results-driven treatments, which are personalized to suit the needs of each of our guests. With luxury in mind, training is continual for our provider team. We use the latest technology and natural ingredients to deliver efficacy. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility.

NELLY DE VUYST

LUXURY, NATURAL SKINCARE

Where science meets nature, Nelly De Vuyst uses transformative ingredients and advanced methods to empower individuals to embrace their natural beauty and achieve healthy, radiant skin.

BIOLOGIQUE RECHERCHE

AUTHENTIC, CUSTOMIZED SKINCARE

The brand that does away with outdated and artificial standards of skin categorization, and instead offers products and an approach that produces immediate, visible and long-lasting results. Biologique Recherche focuses on reconditioning the epidermis with its proprietary treatments and expertly formulated products to build better skin.

BEAUTY THROUGH BALANCE

THERAPEUTIC, HOLISTIC PRODUCTS

Beauty Through Balance embraces the infinite healing power of nature, creating innovative formulas inspired by ancient healing practices from around the world. Their products are inspired by the restorative benefits of the local ocean and forests, with a focus on sourcing local, ethical and sustainable ingredients. The skin and senses will tune in to the frequency and vibrations that nature has to offer, allowing one's own natural beauty to shine through.

SELECTING YOUR TREATMENT

We have designed a simple system to help you select the experience that will provide the greatest benefit for you. We want you to say “that’s just what I needed” after every treatment. Each treatment has been categorized as Relieve, Restore or Result. In addition, the benefit of each treatment is briefly described to help you decide and achieve the wealth of health.

RELIEVE treatments provide simple relief from everyday pressures. They are a great pick-me-up, designed to help with relaxation, calming or even skin rehydration.

RESTORE treatments focus on recovery from things like stress, travel, over-indulgence or hectic lifestyles. They are rebalancing in nature, with some resulting in more radiant skin.

RESULT experiences are more active and help with things like detoxification, deep tension release or anti-aging. They are therapeutic and some are assisted with technology.

SPA RITUAL

The Fairmont Spa Ritual is a series of wellness therapies, including the steam inhalation room, Finnish-style sauna, soothing mineral bath and quiet relaxation. This experience is recommended before any spa treatment to prepare the body for total relaxation and nourishment. The Spa Ritual is complimentary with every spa experience.

For maximum benefit, we suggest:

- 5 minutes in the dry cedar sauna
- 5 minutes in the steam inhalation room
- 10 minutes in the mineral bath
- 10 minutes of rest in our soothing lounge



SIGNATURE BODY EXPERIENCES

These experiences are designed to connect body and spirit with nature's essential elements: earth, air, fire and water. When these elements are in balance, both in nature and within ourselves, they nurture our energy. At Fairmont Spa, we craft treatments that help you reconnect with your own energy, drawing inspiration from natural ingredients and expert techniques. Each experience is thoughtfully developed to reflect an element and embody the fundamentals of Fairmont Spa.

	Mon - Thur	Fri - Sun, Holidays
WATER - COASTAL MOUNTAIN CLEANSE Results — Moor Spa — 120 minutes A detoxifying wrap harnesses the rhythm of the ocean to deeply soothe and nourish. Your body is flushed with a dry brush exfoliation before being wrapped in a nourishing blue green algae mask. A restorative steam treatment, followed by a gentle, purifying massage, will leave you with a feeling of clarity. A facial mask treatment completes this head-to-toe experience.	449	479
EARTH - CANADIAN WILDERNESS RETREAT Restore — Beauty Through Balance — 90 minutes This experience is inspired by the practice of forest bathing, bringing the grounding energy of nature to your mind, body and skin with the essences of our Pure Canadian Forest blend derived from the forests of British Columbia. The skin is refined with a Canadian hemp and sea salt scrub followed by a tension-releasing massage infused with Canadian evergreens. While wrapped, a glacial clay masks the feet to further ground the spirit while the mind is restored with a scalp massage.	319	349
FIRE - SPIRIT OF THE PACIFIC Relieve — Beauty Through Balance — 90 minutes Ignite the fire within using essences of green tea and clove to warm the body while massage techniques melt tension areas. Heated pink Himalayan salt stones are placed to balance the body's energetic field. Stress melts away with a heated oil scalp treatment.	309	339
AIR - SACRED LOTUS RENEWAL Restore — 90 minutes A deeply restorative treatment that harmonizes body, mind and spirit through pulsed electromagnetic therapy, rhythmic dry brushing and the sacred scents of pink lotus, jasmine, rose and sandalwood. Each step is choreographed with healing sound frequencies to awaken your energy centers, release stagnation and elevate your inner radiance. Wrapped in serenity and resonant light, you'll emerge from this ritual grounded, luminous and aligned - a true renewal from the inside out.	339	369



FACIAL EXPERIENCES



BIOTENSE ECO GLOW COSMOS ORGANIC FACIAL

234	264
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Restore — 60 minutes

Indulge in this sustainable, organic facial, where nature and science combine for exceptional results. This treatment is specifically designed to uplift, hydrate, tighten and revitalize skin. Experience the benefits of vitamin C, neuropeptides and hyaluronic acid as they work together to replenish and fortify your skin's natural defense mechanisms against environmental stress. With this facial, your skin will glow with luminosity, feel incredibly smooth and be optimally protected.

RADIANCE FACIAL

244	274
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Restore — 60 minutes

Indulge in this one-of-a-kind illuminating facial, carefully crafted to delicately eliminate impurities and dull surface cells, and target hyperpigmentation, unveiling a refined skin texture and a luminous glow. This treatment features a custom peel, enriched with natural vegetal extracts that promote tissue regeneration. Harnessing the power of enzymes, red algae, argan oil and vitamin C, this facial provides instant hydration, boosts radiance and rejuvenates your skin, leaving it refreshed and revitalized.

LIFTING COMPLEX FACIAL

364	394
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Results — 90 minutes

Experience the transformative effects of this anti-aging facial, utilizing a potent blend of peptides and hyaluronic acid to lift, plump and revitalize your skin. This rejuvenating treatment provides intensive hydration, enhances firmness and improves the skin's radiance, texture and tone. Included is an oxygenating enzyme peel and targeted application of firming actives. With this comprehensive lifting facial, achieve visibly firmer, plumper and softer skin, unveiling a more youthful and radiant appearance.

BIOLOGIQUE RECHERCHE

CUSTOM GLOW

Results — 90 minutes / 60 minutes

A manual lift technique with highly customized anti-aging serums and a facial mask reveals visibly restored, smoother and radiant skin. A professional skin analysis will determine your best course of treatment, immersing cool therapy throughout.

Mon - Thur	Fri - Sun, Holidays
344 / 244	374 / 274



TECHNOLOGIES

HYDRABRASION FACIAL

Results — Nelly De Vuyst — 60 minutes

Renew your skin with our revolutionary Hydrabrasion Pro technology. This advanced treatment combines deep exfoliation and serum infusion to unclog pores and hydrate the skin, leaving a smoother, more radiant complexion.

429

459

OXYGEN THERAPY FACIAL

Results — Nelly De Vuyst — 60 minutes

Improve cell immunity and revitalization using highly concentrated oxygen delivered through advanced Korean skin technology. Anions and O2 are infused into the skin, combined with healing LED light and a dermal infusion pen. Your skin is left feeling calm, refreshed and rejuvenated.

409

439

SIGNATURE GLASS FACIAL

Results — Nelly De Vuyst — 90 minutes

This facial combines healing oxygen technology with advanced diamond tip dermabrasion to deliver optimum results and transform the skin. This all-encompassing treatment improves hydration, promotes collagen production and reduces fine lines and wrinkles to reveal a renewed complexion and glow.

549

579

LED LIGHT FACIAL

Restore — Nelly De Vuyst — 90 / 60 minutes

Celluma LED light wavelengths are used to treat the signs of aging, enhance skin repair and boost cellular energy in the skin. Natural formulas complement a nourishing facial cleanse and exfoliation, while finishing products leave your skin glowing.

324 /
244

354 /
274

**90-minute option includes a facial massage and customized mask.*

FACIAL ENHANCEMENTS

**Please request at time of booking*

NOURISHING HAIR AND SCALP TREATMENT 29

Revitalize your scalp with a deeply hydrating oil treatment while a strengthening mask restores your hair from root to tip. Products will be left in your hair to maximize nourishment and shine.

GUA SHA 19

Sibin Bian stone is used to heal the face with a light, lymphatic draining technique.

NUFACE - 15 MINUTES 49

Advanced microcurrent technology helps firm and tone the skin while smoothing the appearance of fine lines and wrinkles in your requested focus areas. Available to add on to any facial.

ESTHEMAX JELLY MASK 29

Enhance your facial with an organic, botanical-infused Hydrojelly Mask designed to support overall skin health. Each mask is thoughtfully selected to address your unique skincare needs.

EYE CONTOUR CIRCULALIFT PATCHES 29

Targeting dark circles, puffiness and lines, these patches provide a refreshing boost to tired eyes. Infused with hydrating and brightening ingredients, they promote a more youthful and revitalized appearance.

FACIAL BRUSH 29

Made from boar hair, this gentle brush exfoliates and stimulates circulation, enhancing oxygenation and absorption of your skincare products. Used in your facial service and as a take-home item.

LIFTING COMPLEX MASK

59

Immerse your skin in intense hydration with our anti-aging sheet mask, carefully formulated to restore radiance and promote a youthful glow while addressing signs of aging through its firming and lifting properties.

COLLAGEN MASK

59

Perfect for skin with reduced firmness and visible signs of aging, the formula is packed with antioxidants and enhanced with plant exosome technology and hydrolyzed collagen peptides. This treatment penetrates deep into the skin for lasting improvements in overall firmness and plumpness.

COLLAGEN TEA

PASSION FRUIT GREEN TEA, RASPBERRY HIBISCUS OR PEACH BLACK TEA

10

Enhance your wellness results with a marine collagen-infused chilled tea. Collagen improves joint health, skin hydration and elasticity, promoting a healthier skin structure and appearance. Sourced sustainably with clean ingredients, each 355ml serving contains 35 calories.

**Please note, our teas are not vegan. Passion Fruit Green Tea and Peach Black Tea contain a small amount of caffeine.*



CUSTOMIZED MASSAGE EXPERIENCES



Upgrade any massage service for you and a loved one to experience side by side in one of our luxury spa suites at no additional cost.

	Mon - Thur	Fri - Sun, Holidays
FAIRMONT SIGNATURE MASSAGE	309 /	339 /
Relieve — 90 / 60 minutes	219	249

A Swedish-style relaxation aromatherapy massage with your choice of light-to-medium pressure. This treatment begins with intuitive breathwork using aromatherapy blends to achieve your sensorial goals. You will embark on a journey through the woods of the Pacific Northwest and Vancouver with our in-house blended body oil featuring aromas of rhododendron, pine and cedar.

STRESS RELIEF	319 /	349 /
Results — 90 / 60 minutes	229	259

A medium- to-firm pressure massage designed to reduce areas of pain and tension. Muscle work combined with stretching and circulation-enhancing strokes help move lactic acid out of the system. This massage is customized to focus on areas of your body that are in need.

**A mild soreness may result.*

MOUNTAIN STONE MASSAGE	349	379
Restore — 90 minutes		

Using the elements of earth and fire, this massage combines heated basalt river stones and aromas of frankincense, ginger and palo santo to relieve deep tension and soothe tight muscles while warming the body.

MOTHER-TO-BE HARMONY	219	249
Restore — 60 minutes		

Nurture and support body and mind with a balancing blend of rhododendron, sweet orange and juniper, paired with a restorative pressure-point massage. Shea butter deeply hydrates areas of focus, while a soothing facial massage allows you to enjoy a quiet moment of relaxation and connection during pregnancy.

Mon - Thur	Fri - Sun, Holidays
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REGISTERED MESSAGE

Results — 90 / 60 minutes

324 /	354 /
239	269

Tailored to your specific needs using a variety of treatment techniques. Each RMT uses an individual style and set of techniques which vary in pressure, depth, style and training.

**Initial treatment will require a short assessment to address your concerns.*

RMT MATERNITY

Relieve — 90 / 60 minutes

324 /	354 /
239	269

A nurturing massage tailored to the needs of the mother-to-be. Techniques provide essential relaxation and comfort while reducing stress and balancing the body.

THERAPEUTIC MOUNTAIN STONE MASSAGE

Restore — 90 minutes

354	384
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Performed by a Registered Massage Therapist, this treatment harnesses the grounding element of earth and warmth of fire. Heated basalt river stones melt away tension, soothing tight muscles while gently warming the body. Aromas of frankincense, ginger and palo santo help to deepen relaxation.

**Initial treatment will require a short assessment to address your concerns.*

MASSAGE ENHANCEMENTS

**Please request at the time of booking. These do not add additional treatment time.*

NOURISHING HAIR AND SCALP TREATMENT

29

Add to any treatment. Using the enriching powers of moringa seed and avocado oil, this treatment intensely moisturizes and strengthens hair follicles while our heated green tea oil re-nourishes the scalp.

DRY BRUSH ENHANCEMENT

39

Add to any massage treatment. A full-body dry brush encourages the lymphatic and circulatory systems to flush and detox, while refining the skin's texture.

HOT STONE ENHANCEMENT

35

Add to any massage treatment. Hot stones are applied to the back and an area of your choice to help ground the body and release tension.

SHEA BUTTER ENHANCEMENT

29

Enhance your massage with a scented or unscented shea butter upgrade to leave your skin feeling deeply hydrated and nourished.

PEMF MAT ADD-ON

69

Add to Signature Body Experiences or Facials. Enhance your treatment using pulse-electromagnetic field therapy to recalibrate your body's natural circadian rhythm and improve overall well-being. Using infrared heat, negative ions and crystal therapy, a program is selected based on your needs - energize, sleep, recover or relax. The PEMF mat is placed on your treatment table for the duration of your treatment.

**Contraindications include pacemakers, defibrillators, epilepsy and pregnancy.*

COLLAGEN TEA

PASSION FRUIT GREEN TEA, RASPBERRY HIBISCUS OR PEACH BLACK TEA

10

Enhance your wellness results with a marine collagen-infused chilled tea. Collagen improves joint health, skin hydration and elasticity, promoting a healthier skin structure and appearance. Sourced sustainably with clean ingredients, each 355ml serving contains 35 calories.

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SPA PACKAGES

Mon - Thur Fri - Sun,
Holidays

CUSTOM INDULGENCE

2.5 hours

579

629

The ultimate day of tranquility. Your choice of any 90-minute Body Experience, followed by a 60-minute Biotense Eco Glow Organic Facial. Finishes with a healthy lunch, complimentary valet parking is included. Available for one person.

**To book, please contact our Spa Reception team by email or phone.*

TOGETHER IN TRANQUILITY

1.5 hours

649

709

A pampering spa package dedicated to spending time with a loved one. Receive a 90-minute Body Experience using sea salts blended with green tea and seaweed to fully exfoliate the body, followed by an intuitive oil massage to uplift the senses. Finish with a nourishing oil scalp treatment while ends are hydrated with a strengthening hair mask. Enjoy a healthy lunch for two people. Complimentary valet parking is included.

**To book, please contact our Spa Reception team by email or phone.*

RAINFOREST RITUAL

120 minutes

1200

1260

Embark on a sensory journey through the elements. Be immersed in the air element, breathing in the essence of our local temperate rainforest with notes of cedar, fir and pine. The water element follows, with a revitalizing Pacific sea salt scrub and a detoxifying soak in our Japanese-style Ofuro tub. The fire element warms the body and soul through a full-body massage with heated Canadian Wilderness Oil and hot basalt stones on the back and feet. Let the earth element ground you with a purifying glacial clay mask for the face and feet, while the ethereal element reflects the shared connection of this ritual. Conclude with a healthy lunch and raise a glass of Moët & Chandon in a toast to the rainforest. Available for two people.

**To book, please contact our Spa Reception team by email or phone.*

WELLNESS EVOLVED

Mon - Thur

Fri - Sun,
Holidays

REIKI

Restore — 90 / 60 minutes

289 /	319 /
209	239

Through a blend of aromatherapy, meditation and the channeling of healing energy, this treatment promotes balance, deep relaxation and the alignment of your body’s energy pathways.

**This treatment does not include hands-on massage.*

THE DETAILS

To keep the spa peaceful and protect the privacy of all guests, cell phones and other electronic devices are not permitted in the spa. If you need to receive messages during your time with us, please let our team know and we will be happy to assist you. Fairmont Spa is an adult sanctuary for guests 18 years and older.

SPA ARRIVAL AND ETIQUETTE

With your relaxation in mind, we recommend arriving 30 minutes before your scheduled treatment. Upon entering the spa you will be escorted to our change room, assigned a locker and invited to change and await your provider in one of our calming lounge areas. To accommodate all guests, each treatment will conclude at the scheduled time, regardless of start time.

For capacity reasons, guests are welcome to enjoy the Jacuzzi, mineral bath, steam room, dry cedar sauna, fitness centre and indoor lounges for two hours on the day of the service. Guests receiving a facial treatment can enjoy the facilities two hours prior to service.

SPA ACCESS

Spa access is available for three hours for hotel guests at \$54.00, and local guests at \$89.00 (morning) and \$99.00 (afternoon/evening). Access can be booked [here](#) and is subject to availability. Please take note of our health measures, cancellation policy and facility access instructions, which apply for both services and spa access.

SPA ATTIRE

Our therapists are highly trained in draping procedures to ensure your complete privacy; however, for your comfort, undergarments may be worn during treatments. Jewelry and valuables should be left at home or in the hotel safe wherever possible. Fairmont Spa and Fairmont Pacific Rim are not responsible for lost or stolen articles.

CANCELLATION POLICY

If you must reschedule or cancel any spa reservations, please notify the spa at least 24 hours in advance to avoid the cancellation fee. Missed appointments without proper notice are subject to a 100% charge for reserved services.

HEALTH MATTERS

Please inform us of any health conditions at the time of booking (e.g. high blood pressure, heart condition, allergies, pregnancy). Consumption of alcohol before, during or directly after treatments is not recommended. You will be asked to complete a wellness form upon receipt of your confirmation email, so your spa professional can better customize your experience to meet your needs.

BILLING

All payments will be collected via credit, debit or gift card upon checkout. Taxes will be added to all spa services and packages. Please note that our Friday through Sunday and holiday pricing applies to all statutory holidays and select holiday periods. Please review our [website](#) or contact our reservations team to confirm any dates.

SERVICE CHARGE

Excellent service is guaranteed. A service charge of 18% is added for your convenience for every service, received entirely by your provider. If you wish to provide an additional tip to the team members who served you during your visit, please feel free to do so.

FAIRMONT SPA GIFT CARDS

Fairmont Spa gift cards may be purchased for all spa services and packages. Please contact our spa reception team for further information.

HOURS OF OPERATION

Spa facilities: Daily, 8:00AM - 10:00PM

Fitness centre: 24 hours a day, 7 days a week

Rates are subject to change. Occasionally, not all services will be available.

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