



# SELECTING YOUR TREATMENT

We have designed a simple system to help you select the experience that will provide the greatest benefit for you. We want you to say “that’s just what I needed” after every treatment. Each treatment has been categorized as Relieve, Restore or Result. In addition, the benefit of each treatment is briefly described to help you decide and achieve the wealth of health.

**RELIEVE** treatments provide simple relief from everyday pressures. They are a great pick-me-up, designed to help with relaxation, calming or even skin rehydration.

**RESTORE** treatments focus on recovery from things like stress, travel, over-indulgence or hectic lifestyles. They are rebalancing in nature, with some resulting in more radiant skin.

**RESULT** experiences are more active and help with things like detoxification, deep tension release or anti-aging. They are therapeutic and some are assisted with technology.



# MASSAGE

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	Mon - Thur	Fri - Sun, Holidays
<b>THERAPEUTIC MASSAGE</b>		
Results — 90 / 60 minutes	239 / 324	269 / 354

Tailored to your specific needs using a variety of treatment techniques. Each RMT uses an individual style and set of techniques which vary in pressure, depth, style and training.

*\*Initial treatment will require a short assessment to address your concerns.*

<b>FAIRMONT SIGNATURE MASSAGE</b>		
Relieve — 90 / 60 minutes	219 / 309	249 / 339

A Swedish-style relaxation aromatherapy massage with your choice of light-to-medium pressure. This treatment begins with intuitive breathwork using aromatherapy blends to achieve your sensorial goals. You will embark on a journey through the woods of the Pacific Northwest and Vancouver with our in-house blended body oil featuring aromas of rhododendron, pine and cedar.

<b>STRESS RELIEF</b>		
Results — 90 / 60 minutes	229 / 319	259 / 349

A medium- to-firm pressure massage designed to reduce areas of pain and tension. Muscle work combined with stretching and circulation-enhancing strokes help move lactic acid out of the system. This massage is customized to focus on areas of your body that are in need.

*\*A mild soreness may result.*

<b>MOUNTAIN STONE MASSAGE</b>		
Restore — 90 minutes	349	379

Using the elements of earth and fire, this massage combines heated basalt river stones and aromas of frankincense, ginger and palo santo to relieve deep tension and soothe tight muscles while warming the body.

	Mon - Thur	Fri - Sun, Holidays
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**RMT MOUNTAIN STONE MASSAGE**

Restore — 90 minutes

354384

Performed by a Registered Massage Therapist, this treatment harnesses the grounding element of earth and warmth of fire. Heated basalt river stones melt away tension, soothing tight muscles while gently warming the body. Aromas of frankincense, ginger and palo santo help to deepen relaxation.

*\*Initial treatment will require a short assessment to address your concerns.*

**RMT MATERNITY**

Relieve — 90 / 60 minutes

239269

A nurturing massage tailored to the needs of the mother-to-be. Techniques provide essential relaxation and comfort while reducing stress and balancing the body.



BODY

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	Mon - Thur	Fri - Sun, Holidays
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### FIRE - SPIRIT OF THE PACIFIC

Relieve — Beauty Through Balance — 90 minutes

Experience a deeply warming and restorative full-body ritual designed to release tension and restore balance. A botanical blend of green tea, cardamom, and clove encourages circulation and helps the body unwind. Gentle acupressure on the back and feet supports relaxation and promotes a sense of grounding. Warm Pink Himalayan salt stones are placed along the spine to calm the nervous system, and an Ayurvedic hot oil scalp massage brings deep comfort and mental clarity. Emerge centered, relaxed, and renewed — your inner fire restored.

306339

### AIR - SACRED LOTUS RENEWAL

Restore — 90 minutes

Indulge in a sublime age-defying ritual that harmonizes ancient wisdom with cutting-edge wellness technology. Rhythmic dry brushing and antioxidant-rich botanical oils refine, nourish, and rejuvenate the skin. LED Red Light and Far-Infrared therapies awaken cellular renewal while sacred essences of Pink Lotus, Jasmine, Rose, and Sandalwood calm the spirit. Emerge radiant, restored, and harmoniously aligned — the ultimate expression of renewal from within.

339369

### REIKI

Restore — 90 / 60 minutes

Through a blend of aromatherapy, meditation and the channeling of healing energy, this treatment promotes balance, deep relaxation and the alignment of your body's energy pathways.

*\*This treatment does not include hands-on massage.*

209239



FACIAL

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**BIOTENSE ECO GLOW COSMOS ORGANIC FACIAL**

234	264
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Restore — 60 minutes

Indulge in this sustainable, organic facial, where nature and science combine for exceptional results. This treatment is specifically designed to uplift, hydrate, tighten and revitalize skin. Experience the benefits of vitamin C, neuropeptides and hyaluronic acid as they work together to replenish and fortify your skin’s natural defense mechanisms against environmental stress. With this facial, your skin will glow with luminosity, feel incredibly smooth and be optimally protected.

**RADIANCE FACIAL**

244	274
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Restore — 60 minutes

Indulge in this one-of-a-kind illuminating facial, carefully crafted to delicately eliminate impurities and dull surface cells, and target hyperpigmentation, unveiling a refined skin texture and a luminous glow. This treatment features a custom peel, enriched with natural vegetal extracts that promote tissue regeneration. Harnessing the power of enzymes, red algae, argan oil and vitamin C, this facial provides instant hydration, boosts radiance and rejuvenates your skin, leaving it refreshed and revitalized.

**LIFTING COMPLEX FACIAL**

364	394
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Results — 90 minutes

Experience the transformative effects of this anti-aging facial, utilizing a potent blend of peptides and hyaluronic acid to lift, plump and revitalize your skin. This rejuvenating treatment provides intensive hydration, enhances firmness and improves the skin’s radiance, texture and tone. Included is an oxygenating enzyme peel and targeted application of firming actives. With this comprehensive lifting facial, achieve visibly firmer, plumper and softer skin, unveiling a more youthful and radiant appearance.

	Mon - Thur	Fri - Sun, Holidays
<b>HYDRABRASION FACIAL</b>	429	459

Results — Nelly De Vuyst — 60 minutes

Renew your skin with our revolutionary Hydrabrasion Pro technology. This advanced treatment combines deep exfoliation and serum infusion to unclog pores and hydrate the skin, leaving a smoother, more radiant complexion.

<b>OXYGEN THERAPY FACIAL</b>	409	439
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Results — Nelly De Vuyst — 60 minutes

Improve cell immunity and revitalization using highly concentrated oxygen delivered through advanced Korean skin technology. Anions and O2 are infused into the skin, combined with healing LED light and a dermal infusion pen. Your skin is left feeling calm, refreshed and rejuvenated.

<b>SIGNATURE GLASS FACIAL</b>	549	579
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Results — Nelly De Vuyst — 90 minutes

This facial combines healing oxygen technology with advanced diamond tip dermabrasion to deliver optimum results and transform the skin. This all-encompassing treatment improves hydration, promotes collagen production and reduces fine lines and wrinkles to reveal a renewed complexion and glow.

<b>LED LIGHT FACIAL</b>	324 /	354 /
Restore — Nelly De Vuyst — 90 / 60 minutes	244	274

Celluma LED light wavelengths are used to treat the signs of aging, enhance skin repair and boost cellular energy in the skin. Natural formulas complement a nourishing facial cleanse and exfoliation, while finishing products leave your skin glowing.

*\*90-minute option includes a facial massage and customized mask.*

# THE DETAILS

To keep the spa peaceful and protect the privacy of all guests, cell phones and other electronic devices are not permitted in the spa. If you need to receive messages during your time with us, please let our team know and we will be happy to assist you. Fairmont Spa is an adult sanctuary for guests 18 years and older.

Please be advised that Fairmont Spa at Fairmont Pacific Rim will temporarily close from January 2 to May 2026 as we undergo significant enhancements to our facilities. During this time, we are pleased to introduce the Fairmont Spa Pop-Up, located on the hotel's sixth floor. Guests will enjoy access to temporary spa lounges, treatment rooms, and the heated pool and hot tub on the rooftop pool deck. Guests will be able to enjoy these facilities for up to two hours on the day of their service. The Pop-Up will be open daily from 9:30am – 7:00pm.

## **SPA ARRIVAL**

With your relaxation in mind, we recommend arriving 30 minutes before your scheduled treatment. Please check in at our Spa Reception desk on the 5th floor to be guided to our temporary space.

## **SPA ATTIRE**

Our therapists are highly trained in draping procedures to ensure your complete privacy; however, for your comfort, undergarments may be worn during treatments. Jewelry and valuables should be left at home or in the hotel safe wherever possible. Fairmont Spa and Fairmont Pacific Rim are not responsible for lost or stolen articles.

## **CANCELLATION POLICY**

If you must reschedule or cancel any spa reservations, please notify the spa at least 24 hours in advance to avoid the cancellation fee. Missed appointments without proper notice are subject to a 100% charge for reserved services.

## **HEALTH MATTERS**

Please inform us of any health conditions at the time of booking (e.g. high blood pressure, heart condition, allergies, pregnancy). Consumption of alcohol before, during or directly after treatments is not recommended. You will be asked to complete a wellness form upon receipt of your confirmation email, so your spa professional can better customize your experience to meet your needs.

## **BILLING**

All payments will be collected via credit, debit or gift card upon checkout. Taxes will be added to all spa services and packages. Please note that our Friday through Sunday and holiday pricing applies to all statutory holidays and select holiday periods. Please review our [website](#) or contact our reservations team to confirm any dates.

## **SERVICE CHARGE**

Excellent service is guaranteed. A service charge of 18% is added for your convenience for every service, received entirely by your provider. If you wish to provide an additional tip to the team members who served you during your visit, please feel free to do so.

## **THE NORDIC SPA**

Guests who have a treatment book at the Fairmont Spa Pop-Up may add-on Nordic Spa access for an additional \$20.00. Please enquire with our Spa Reception to reserve your timeslot. Please note this experience is subject to availability.

## **FAIRMONT SPA GIFT CARDS**

Fairmont Spa gift cards may be purchased for all spa services and packages. Please contact our spa reception team for further information.

## **HOURS OF OPERATION**

Spa facilities: Daily, 9:30AM - 7:00PM

Fairmont Pacific Rim Wellness Club: 24 hours a day, 7 days a week

Rates are subject to change. Occasionally, not all services will be available.

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