FAIRMONT SPA

WHERE RITUAL MEETS RECOVERY

Indulge in a philosophy of restoration, where ancient ritual harmonizes within modern refinement. Each treatment is an artful progression – a curated experience designed to guide you gracefully toward your ideal state of renewal.

Begin in Stillness, a serene cocoon where silence and intention awaken the senses. Drift into Flow, as expert touch and timeless technique dissolve tension, inviting elegant surrender. Ascend with Rise, where energy is refined into radiance and balance is reimagined. Every moment, every detail, whispers luxury – transforming recovery into a ritual of exquisite rejuvenation.

SELECTING YOUR TREATMENT

We've created an intuitive offering to help you choose the experience that best supports your longevity, vitality, and overall wellbeing.

The new offerings reimagine foundational treatments while showcasing Fairmont Pacific Rim's signature wellness protocols - blending cutting-edge technology with bespoke, five-star experiences exclusively crafted for our location. Each Journey of Place is defined by Still, Drift, Flow, and Rise - a framework inspired by the movement of water, the stages of sleep, and the rhythms of the nervous system, guiding guests through a deeply intuitive journey of restoration and performance.

Explore our comprehensive menu of our most sought-after therapies—blending recovery-focused treatments with performance-driven massage and advanced, high-performance facials.

Our goal is simple: for you to leave every treatment feeling renewed, restored, and exactly as you desire.

SPA CIRCUIT

The Fairmont Spa Circuit is a series of wellness therapies, including the steam inhalation room, Finnish-style sauna, soothing mineral bath and relaxation lounges. This experience is recommended before any spa treatment to prepare the body for total relaxation and nourishment. The Spa Circuit is complimentary with every spa experience.

For maximum benefit we suggest:

10 minutes of heat therapy of choice
10 minutes in the mineral bath
10 minutes of rest in our soothing lounge

SIGNATURE JOURNEY

THE PACIFIC RESET

190 min

A COASTAL-INSPIRED URBAN JOURNEY

Designed for travelers, cyclists, and city explorers seeking total-body restoration and reset. This experience begins with a morning training session with one of our expert personal trainers, followed by a private sauna and cold plunge therapy to support recovery, resilience, and metabolic balance.

Once in the treatment suite, the ritual begins with full-body dry brushing to stimulate circulation and prepare the body for restorative work. A targeted massage blends lymphatic flow, assisted stretching, and deep muscle release with a focus on key tension areas, supporting mobility and full-body release, while you experience the benefits of LED light therapy with our Kala Red Light Face Mask.

Performed on a PEMF recovery mat with infrared warmth and negative ion therapy, this treatment enhances recovery, reduces muscular fatigue, and supports parasympathetic regulation—leaving you grounded, recharged, and deeply restored. End with a nourishing lunch from our thoughtfully curated menu, complemented by a fresh-pressed juice or healthy beverage of choice. Available only Monday, Tuesday, Thursday, Friday and Saturday.

From 599

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

JOURNEYS OF PLACE

CANADIAN WILDERNESS RETREAT
**not suitable for pregnancy*
90 min
STILL

Inspired by forest bathing, this immersive ritual restores the nervous system and reconnects mind, body, and spirit through the grounding essence of our Canadian Forest blend. A refining hemp and sea salt polish stimulates circulation, followed by a tension-releasing massage with Canadian evergreens oil promotes deep relaxation and full-body recalibration.

Cocooned in a restorative wrap, a glacial clay foot mask detoxifies and rebalances, while an expert scalp massage enhances micro-circulation and invites a state of calm—leaving you grounded, renewed, and restored.

From 344

COASTAL MOUNTAIN CLEANSE
**not suitable for pregnancy*
120 min
DRIFT

A restorative body ritual designed to renew, rebalance, and restore the skin and senses.

Begin with an invigorating dry-brush exfoliation to stimulate circulation and awaken the skin. The body is then cocooned in a nutrient-rich seaweed and marine algae masque, while a hydrating facial restores barrier function and enhances natural radiance.

Step into your private steam to encourage deep detoxification and a full sensory reset. A light, contouring massage supports lymphatic flow and gentle nervous system regulation—leaving skin purified, hydrated, and beautifully renewed.

From 484

SCULPTING TIDES OF RENEWAL
**not suitable for pregnancy*
90 min
FLOW

An ocean-inspired full-body ritual designed to restore balance and invites deep relaxation. Delivered on our revolutionary heated water mattress, surrender into weightlessness of floating on water.

Begins with a mineral-rich back exfoliation and masque to polish, renew, and refine the skin. Flowing massage techniques, enhanced with warm gua sha stones, ease muscular tension and support full-body release, while wave-like movements encourage a deep sense of relaxation and energetic flow. The ritual concludes with a sculpting gua sha facial massage to lift, contour, and revitalize the complexion—leaving the body softened, the mind quieted, and the skin radiant.

From 349

CASCADE SAND & STONE MASSAGE
**not suitable for pregnancy*
90 min
RISE

A grounding journey designed to deeply melt stress and tension and harmoniously balance your body's energetic centers.

Delivered on our grounding quartz sand table to envelop the body and promote inner relaxation.

A combination of therapeutic heat from both warm and cool stones with Ayurvedic-inspired essences and expert massage techniques leaves feeling profoundly grounded, refreshed, and centered. Simultaneously, heated pink Himalayan salt stones will be thoughtfully placed on your feet, hands, and sacrum to begin settling your nervous system and balancing your body's energetic field.

From 349

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

FACE

REPARATIVE FACIAL
60 min

Restore, strengthen, and heal — a high-performance facial formulated with powerful antioxidants to neutralize free radical damage and repair irritated skin. This double clinical cleanse treatment harnesses the 111SKIN signature NAC Y2 complex to strengthen and restore the skin's lipid barrier and prevent further inflammation. Using a combination of restorative ingredients from The Reparative Collection, this facial also targets skin concerns such as dehydration, sensitivity, and rosacea for skin that feels and looks calmer and deeply hydrated.

From 254

ROSE GOLD RADIANCE FACIAL
60 min, 90 min

Indulge in this illuminating facial designed to gently lift impurities and dull surface cells while customizing your treatment plan to reveal your skin's natural radiance.
A customized peel enriched with vegetable extracts supports skin renewal, while enzymes, red algae, argan oil, and vitamin C work together to boost hydration, strengthen skin resilience, and restore radiance.

The result is a visibly revitalized complexion with a healthy, radiant glow and long-term skin vitality. 90 min option includes LED Kala Red Light technology.

From 329, 389

BLACK DIAMOND LIFTING FACIAL
90 min

Lift, firm, tighten — Our most comprehensive facial, this luxurious experience harnesses 111SKIN's most potent line - the Celestial Black Diamond collection - to encourage a youthful, sculpted, and visibly firmer appearance. A series of thoroughly active steps include antioxidant-rich formulas aided through black diamond absorption. This multi-masking treatment reduces pigmentation for a brighter, more balanced-looking skin. A combination of the smoothing wand and signature massage ensures the skin is taut and deep lines are minimized sculpting along the natural contours of the face for a lifted, youthful appearance.

From 359

Enhance with Exosomes +99

Driven by the latest in skincare science and innovation enhanced by potent rejuvenating actives for outstanding visible results. 111SKIN's exosome duo formulations with advanced micro-spicule delivery reset the skin by promoting cellular communication for a more dramatic lifting and tightening effect

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

PERFORMANCE FACIALS

SIGNATURE GLASS FACIAL

90 min

This facial combines healing oxygen technology with advanced diamond-tip dermabrasion to deliver optimal results and visibly transform the skin.

This performance-driven treatment enhances hydration, supports collagen renewal, and smooths the appearance of fine lines and wrinkles—revealing a refined, radiant, and refreshed complexion with a healthy, luminous glow.

From 489

OXYGEN FACIAL

90 min

Support skin renewal and barrier resilience with highly concentrated oxygen delivered through advanced Korean skin technology.

Anions and O_2 are infused into the skin, combined with healing LED light therapy and a dermal infusion pen to enhance absorption and optimize results.
This restorative treatment helps calm, refresh, and visibly rejuvenate the complexion—leaving skin revitalized.

From 409

HYDRADERMABRASION

60 min, 90 min

Renew your skin with our advanced Hydrabrasion Pro technology, combining deep exfoliation with targeted serum infusion for optimal skin renewal. This treatment unclogs pores, boosts hydration, and supports a smoother, more refined complexion.

The result is refreshed, radiant skin with improved texture and clarity. 90 min option includes Celluma LED Light therapy.

From 309, 399

BUCCAL SCULPT FACIAL

75 min

A deeply sculpting and restorative facial experience featuring buccal massage—an advanced technique performed both externally and intraorally—to melt away deep facial tension.

This treatment lifts, contours, and refines the face while boosting circulation and encouraging lymphatic flow.

The skin appears smoother and more luminous, while the jaw, cheeks, and facial contours feel softened relaxed.

From 304

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

BODY

BRAZILIAN LYMPHATIC CONTOUR

75 min

An invigorating body treatment combining Brazilian-inspired lymphatic drainage with wood sculpting techniques to support circulation, reduce fluid retention, and restore balance. Warm compresses and rhythmic massage help release tension and decongest the body, leaving you feeling lighter, toned, and sculpted. Please note that this treatment is not intended as a relaxation service; rather, it is designed to be intensive and results-oriented.

From 304

REIKI

60 min, 90 min

Through a blend of aromatherapy, guided meditation, and balancing energy work, this treatment supports deep relaxation and whole-body rejuvenation.

Designed to quiet the mind and inspire inner harmony, it helps realign the body's energetic flow while encouraging a sublime sense of calm, grounding, and emotional ease.

From 244, 314

REFLEXOLOGY

60 min

Using reflexology-inspired methods, this treatment gently stimulates pressure points to ease tension and bring the body back into alignment. The journey starts with an invigorating foot exfoliation, then continues with focused massage attention on the feet, hands, and neck and shoulders, leaving you feeling refreshed and renewed. Warm stones deepen relaxation throughout.

From 219

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

MASSAGE

SIGNATURE RELAXATION MASSAGE

60 min, 90 min

Embark on a serene escape with our Pacific Northwest Aromatherapy Journey. This relaxation-focused massage, employs a light to medium pressure, enveloping you in the indigenous scents of rhododendron, pine, and cedar, captured in our exclusive in-house blended body oil.

The experience begins with intuitive breathwork, carefully guided by bespoke aromatherapy designed to align with your deepest sensorial desires.

From 239, 344

STRESS RELIEF MASSAGE

60 min, 90 min

Experience the art of profound unwinding with our personalized stress relief treatment, crafted to alleviate the pressures of modern life. Release as our master therapists employ expert techniques, utilizing flowing strokes and calming modalities to precisely target areas of tension.

This restorative massage gently melts away muscular stress and accumulated burdens —guiding both body and mind into a state of effortless calm, renewed well-being, and serene clarity.

From 239, 344

MOTHER-TO-BE MASSAGE

60 min, 90 min

Created as a sacred pause in the journey of motherhood, the Mother-to-Be Ritual is a deeply nurturing treatment designed to restore balance to body, mind, and spirit. Infused with notes of bitter orange, ho wood, and warming ginger, the experience features a soothing full-body shea butter massage, tension-relieving heated booties, and concludes with rejuvenating gua sha facial techniques.
**90-min includes full body dry brushing and take-home body brush.*

From 239, 344

REGISTERED MATERNITY MASSAGE

60 min, 90 min

Experience precision Therapeutic Massage, provided by our Registered Massage Therapists. Meticulously tailored to address your individual concerns and desired areas of focus, massage therapy offers targeted relief and restorative balance.

Your initial session will include a brief, comprehensive assessment to ensure your specific therapeutic goals are met with the utmost care and expertise.

From 269, 349

REGISTERED MASSAGE

60 min, 90 min

Tailored to your specific needs using a variety of treatment techniques. Each Registered Massage Therapist uses an individual style and set of techniques which vary in pressure, depth, style and training.

Initial treatment will require a short assessment to address your concerns.

Weekday: 269, 349
Weekend: 299, 379

REGISTERED STONE MASSAGE

90 min

Performed by a Registered Massage Therapist, this treatment harnesses the grounding element of earth and warmth of fire. Heated basalt river

stones melt away tension, soothing tight muscles while gently warming the body. Aromas of frankincense, ginger and palo santo help to deepen relaxation.

From 419

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

WELLNESS CLUB

LAB X FAIRMONT SPA ACCESS,
140 PER HOUR

This small group training session offers a more personalized, one-on-one style experience with one of our HOUSE trainers. You will be moving through a mix of strength, mobility and conditioning exercises.

3 classes: 360
6 classes: 690
12 classes: 1330

**54 per class for hotel guests without access to spa facilities*

PERSONAL TRAINING X FAIRMONT SPA ACCESS, 150 PER HOUR

Personal training sessions include a consultation on your fitness goals, a physical assessment, and a fitness program designed just for you.

3 classes: 405
6 classes: 780
12 classes: 1500

All packages include 2 hours access to our spa facilities to relax and experience our Jacuzzi, steam room, mineral bath, Himalayan salt stone coed sauna, wellness club, indoor lounges and spa terrace which overlooks the North Shore mountains.

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

TREATMENT ENHANCEMENTS

Seamlessly incorporated into your treatment timing.

GUA SHA, 29

A gentle facial massage using gua sha stone and lymphatic drainage techniques to de-puff, contour, and refresh the skin for a lifted, rejuvenated appearance. Facial enhancement only.

SHEA BUTTER, 29

Enhance your massage experience with a scented or unscented shea butter upgrade. Rich and nourishing, it deeply hydrates the skin while leaving it soft, supple, and beautifully conditioned.

HAIR AND SCALP RITUAL, 39

Using high performance formulas for scalp and hair, this deeply conditioning treatment intensely moisturizes and strengthens hair follicles, while massage invigorates the scalp for healthy, radiant hair.

HOT STONES, 39

Enhance any massage with the soothing warmth of heated stones.

GINGER DEFENCE WELLNESS SHOT, 12

Our organic Wellness Shots offer a refined daily boost, crafted with concentrated, functional plant-based ingredients. Thoughtfully formulated to support immunity, restore vitality and elevate energy, each shot is a simple yet considered way to nourish your wellbeing, wherever the day takes you.

SMART ENERGY WELLNESS SHOT, 12

Our organic Wellness Shots offer a refined daily boost, crafted with concentrated, functional plant-based ingredients. Thoughtfully formulated to support immunity, restore vitality and elevate energy, each shot is a simple yet considered way to nourish your wellbeing, wherever the day takes you.

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

PACKAGES

RAINFOREST RITUAL FOR TWO
120 min

Embark on a sensory journey through the five elements. Begin with the air element, breathing in the essence of the local temperate rainforest with notes of cedar, fir, and pine. The water element follows with a revitalizing Pacific sea salt scrub and a detoxifying soak in a Japanese-style Ofuro tub. Fire brings warmth through a full-body massage using heated Canadian Wilderness Oil and basalt stones on the back and feet. Earth grounds the body with a purifying glacial clay mask for the face and feet, while the ethereal element reflects the shared sense of connection throughout the ritual. Conclude with a thoughtfully curated healthy lunch and replenishing juice of choice. Available for two guests. Complimentary valet parking is included.

From 1099 for two people

SIGNATURE WELLNESS COLLECTION
150 min

An elevated wellness escape beginning with your choice of any 90-minute body experience followed by a 60-minute Biotense Eco Glow Organic Facial designed to restore radiance and vitality. Conclude your journey with a healthy dining option from our menu.
Available for one guest. Complimentary valet parking is included. *Excludes registered massage.

From 599

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service.

THE DETAILS

For the comfort and privacy of all guests, cell phones and other electronic devices are not permitted in the spa. We ask that cameras and cellphones be kept in your assigned lockers. Fairmont Spa is an adult sanctuary for guests 18 years and older.

ARRIVAL

With your relaxation in mind, please arrive no later than 30 minutes before your scheduled treatments. Upon entering the spa you will be escorted to our change room, assigned a locker and invited to change and await your provider in our calming lounge. To accommodate all guests, each treatment will conclude at the scheduled time, regardless of start time.

For capacity reasons, guests are welcome to enjoy the Jacuzzi, mineral bath, steam room, dry cedar sauna, Fairmont Wellness Club, and indoor lounges for two hours on the day of the service. Guests receiving a facial treatment are recommended to enjoy the facilities two hours prior to service.

SPA ATTIRE

Our therapists are highly trained in draping procedures to ensure your complete privacy; however, for your comfort, undergarments may be worn during treatments. Jewelry and valuables should be left at home or in the hotel safe wherever possible. Fairmont Spa and Fairmont Pacific Rim are not responsible for lost or stolen articles.

CANCELLATION

If you must reschedule or cancel any spa reservations, please notify the spa at least 24 hours in advance to avoid the cancellation fee. Missed appointments without proper notice are subject to a 100% charge for reserved services.

HEALTH MATTERS

Please inform us of any health conditions at the time of booking (e.g. high blood pressure, heart condition, allergies, pregnancy). Consumption of alcohol before, during or directly after treatments is not recommended. You will be asked to complete a wellness form upon receipt of your confirmation email, so your spa professional can better customize your experience to meet your needs.

BILLING

Credit cards are required to guarantee reservations and pre-authorizations are taken at check-in. Payments can be made by cash, credit, debit or gift card upon check-in. Taxes will be added to all spa services and packages. Please note that our Friday through Sunday and holiday pricing applies to all statutory holidays and select holiday periods. Please review our website or contact our reservations team to confirm any dates.

SERVICE CHARGE

Excellent service is guaranteed. A service charge of 20% is added for your convenience for every service. If you wish to provide an additional gratuity to the team members who served you during your visit, please feel free to do so.

FAIRMONT SPA GIFT CARDS

Fairmont Spa gift cards may be purchased for all spa services and packages. Please contact our spa reception team for further information.

HOURS OF OPERATION

Spa facilities: Daily, 8:00AM - 10:00PM, 7 days a week

The Wellness Club: 24 hours a day, 7 days a week

Rates are subject to change.

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Fairmont
PACIFIC RIM